

WorldArt

Main Activity



40 minutes



6-12 people

Topic

To fight judgements or preconceptions

Objectives

To stimulate participants observation in order to allow them to see the other (without judgements or preconceptions) and establish real relationships.

Materials

White paper sheets, pastel colours, music (with speakers).

Steps

1. Participants are split in groups of 6 and are asked to choose only one colour out of 6 colours.
2. They each get one white sheet of paper and with their chosen colour (in pastel) and draw their own world, with their single colour, but should leave space for other worlds or colours.
3. After one minute, each participant changes seats and draws on the next sheet of paper. After six changes, they come back to their initial painting of their world and can still add something.
4. Once finished, they can move around the table and see all the paintings. Then the paintings are put together and observed together.
5. This is followed by an open conversation where the participants share what they see. They are invited to avoid using subjective descriptions or statements (words such as “I like/ I don't like..,” or “It is pretty/It is ugly...”).

Jammin
Board



ARTS



NFE



INCLUSION

Debriefing

In the end, trainers and participants come back to sit in a circle format. Participants were asked to share what they felt when they returned to their own painting and any other feelings or thoughts they had about the whole exercise.