Where am I who?

Intro activity

Source: liaisons





10-12 people

Topic

Getting to know each other

Objectives

This activity aims to allow participants to get to know themselves better and to understand the concept of identity, aims include to:

- -Be aware that identity and roles are different in different places and times.
- -Realise that identity can change.
- -Be aware of the multiplicity of identity.

Materials

- -A map of the world (activity support 1): one copy per pair
- -A map of Europe (activity support 2): one copy per pair
- -A map of the country where the training takes place: one copy per pair
- -A map of the city where the training takes place: one copy per pair
- -Markers

<u>Steps</u>

- 1. Form pairs. Each pair gets prints of the four maps and some markers.
- 2. The question to discuss is: 'Where am I / who am I?'
- - 'Where': Participants indicate places where they have been, where they have a connection with, places that have a meaning, that they know, places where they go...now, in the past and in the future. It can also be places they dream of, or places they have plans about, or places significant others have a link with.
- 'Who': Participants indicate the role(s) they have in those places (one or more aspects of their identity).
 These may be roles they have, dream of, will have or have had in those places. (For example: in Morocco I was a tourist, in Brussels I am a student, in the skate park I am a skater, and so on).
- 3. In pairs, the partners should discuss the meanings of the places and the role(s) they take there.
- 4. Afterwards, participants briefly present (some of) the places and roles of their partner to the group.

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<u>Use the following questions to</u> initiate discussion:

- Who discovered places and/or roles you were not yet aware of?
- Who found different roles in one place?
- What places did you mark? What roles did you write down?
- Are there places where you have more than one role? Are there places where only one role is important? Are there roles that you have in all places?
- Are there roles you had in the past, but haven't got anymore? Are there roles you will have in the future?
- What aspects of your identity change in these different places, when taking up these different roles? (For example: visible aspects of identity: looks, behaviour, etc. and invisible aspects: how you think or feel, etc.).