

WHAT TO DO?

Intro Activity - dilemmas & debate

source: Gender Matters



60 minutes



6-30 people

Topic

Human rights

Objectives

- identify common sex, sexuality, violence and relationship related dilemmas faced by young people as they become autonomous individuals
- discuss and explore different approaches to dealing with these dilemmas
- develop empathy with young people facing difficult situations and decisions

Materials

- Dilemmas on a piece of paper for the facilitator
- Large working space with four corners

Steps

1. Ask participants to stand in the middle of the room and tell them they have to take a stand on the presented dilemma by choosing a corner of the room according to their liking. The dilemma is read out and the alternative corners are introduced.
2. When everyone has selected a corner and gone there, let the participants debate among themselves for a while.
3. Participants from each corner should then be asked to give some reasons why they chose to stand there. Repeat the action for each of the dilemmas you choose to present.

**Jammin
Board**



ARTS



NFE



INCLUSION

Debriefing

Ask everyone to sit in a circle. Initiate the discussion by asking participants how they felt during the exercise, whether they liked it, or disliked it or if they were surprised by any of the comments raised by other participants.

Continue the discussion using the following guide questions:

- Do you consider these dilemmas representative of those faced by ordinary young people today?
- How do you think young people make their decisions when faced with such a dilemma?
- What effects can being faced with such a dilemma have on a young person's life?
- When you have a dilemma (big or small), how do you go about resolving it?
- Where do young people faced with such dilemmas get support if they need it?
- What are the rights of young people in your country when it comes to sexual and reproductive rights?
- Who should decide the rights of young people in relation to sex?

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Jenny's dilemma

Jenny is 15.

The coolest guy in the school asks her home after the disco.

They don't know each other.

His parents are not at home.

What should Jenny do?

1. Say no
2. Say yes
3. Say yes on the condition that they are accompanied by some friends
4. Something else (Open corner)

Ranja's dilemma

Ranja is 14 and is in love. Her boyfriend feels the same way.

They have been together for two months, but Ranja's parents don't know about it and she is sure they would forbid them to continue seeing each other. What should Ranja do?

1. Stop seeing the person she is in love with
2. Take him home and present him to her parents
3. Continue to meet him in secret
4. Something else (Open corner)

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INCLUSION

Ingrid's dilemma

Ingrid and Shane are both 17. They have been going out together for 2 years. One night they are out at a disco and Shane gets drunk. Ingrid decides to go to another disco without Shane and he gets very angry, starts shouting at her and pushes her to the ground. What should Ingrid do?

1. Stay with Shane for the rest of the night and forget what happened
2. Leave the disco without Shane and tell her friends what just happened
3. Start hitting him back until Shane stops shouting
4. Something else (Open corner)

Barry's dilemma

Barry is 16. He is gay but no one in his family or circle of friends knows yet. He likes a boy in his class and would like to have a relationship with him. However he is not sure if the boy will be open to his proposal, he is worried that the boy might tell other people in the class and also that his parents might find out. What should Barry do?

1. Drop the whole idea and forget about the boy
2. Tell his parents and friends that he is gay, and ask the boy out on a date and just see what happens
3. Try to get to know the guy better to check if he has similar feelings before revealing his own
4. Something else (Open Corner)