

Self-portrait

Getting to know each other

Source: *liaisons*

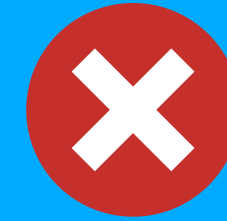


5-12 people



1 hour

**Jammin
Board**



ARTS



NFE



INCLUSION

Topic

To allow participants to get to know each other better and to see themselves in the future

Objectives

- To uncover details about participants' personality, in an imaginative way.
- To invite participants to examine which aspects of their personality are particularly important for them

Material

- Large sheets of paper (1 per participant).
- Pen, coloured pencils, scissors.
- A large number of magazines / newspapers containing photos (participants may be asked to bring these).
- Glue sticks.

Steps

1. Give each participant a large sheet of paper. Hand out the material (magazines, newspapers etc.).
2. By using the photos, drawings, letters, extracts of texts, ask each participant to create a personal collage covering the sheet of paper. This collage might express or symbolise:
 - - Who they are or how they see themselves
 - - Likes and dislikes
 - - Knowledge or talents
 - - Things that are important in their life
 - - Hopes and dreams
 - - How they see the future etc.
 -
3. Exhibit the collages in the room. For each piece, allow the participant who made it to react to any comments from the group.

Make sure that the participants do not judge, allow only for comments, questions and feelings to be expressed.