

My Culture

Main Activity

source: liaisons



1 hour



6-12 people

Topic

Multiculturality, tolerance

Objectives

- Allow participants to understand the concept of “culture” and through this get to know each other better.
- Determine the various elements that culture is composed of.
- Identify the elements that relate to the culture that we come from and those of the country or city in which we currently live.



Materials

papers, pen and flipchart

Steps

1. Ask participants what the word culture means to them (brainstorming activity).
2. Write down all the answers given and group them into 6 categories: arts, science, religious beliefs, justice, values and traditions.
3. Invite participants to share their points of view and help the group to identify the cultural elements given to them from their families by asking questions such as:
 - What is defined as “good” and “bad” in my culture?
 - How is my family structured?
 - How does my culture characterise relationships between men and women?
 - What are some important traditions?
 - What languages are spoken?
 - Who holds the power and how is it obtained?
 - How might one characterise the humour of my culture?
 - What role does religion play?
 - How does my culture perceive other cultures?

Jammin Board



ARTS



NFE



INCLUSION

Debriefing

Conclude by reiterating the main ideas expressed by the participants and by evoking principles deemed essential for living together in a multicultural society, such as tolerance, respect, non-discrimination and secularism.