

Links

Intro activity

Source: liaisons

Topic

Getting to know each other

Objectives

Help create links between people.
Show participants how to interact, especially in terms of sharing similarities and differences, and creating links with others.



15-20 minutes



8-50 people

**Jammin
Board**



ARTS



NFE



INCLUSION

Steps

1. Arrange in a circle one chair less than the number of participants.
2. Tell participants to take a seat, and ask for one participant (A) to stand in the middle.
3. Ask this participant to say something about themselves: a characteristic, a hobby, a talent, a taste, etc.
4. If someone in the group shares this characteristic, they should then stand up too.
5. Out of these people, one of them should give their chair to participant A and then in turn say something about themselves.
6. This can then be repeated. If no one stands up, invite the person in the middle to say something else.

Debriefing

- Did you have a lot or few similarities with the other participants?
- What influence did this have on how you felt during the activity?
- Do you think it is important to have similarities with others?
- Which similarities or links did you discover with others in the group?
- Were there some elements that were 'unique' in the group, when no one stood up? Or aspects where people should have stood up but did not?
- Do you have any personal experiences where you have discovered similarities or links with others?
- Do you tend to focus on similarities or differences when you meet a new person?
- Which similarities or links are superficial?
- Which similarities are associated with your values or important things?
- What would the world be like if everyone was the same? What would it be like if everyone was different?