

Find your group

Intro activity

Source: T-kit 4 Intercultural learning



16-50 people



30 minutes

Topic

Identity, culture, stereotypes, prejudices and discrimination

Objectives

- To start discussion about different groups in society
- To raise awareness about prejudice and discrimination
- To encourage empathy with the experience of rejection or exclusion.

Materials

Coloured sticky paper spots. For example, for a group of 16 people you will need four blue, four red, four yellow, three green and one white spot.

Steps

1. Ask participants to form a circle and close their eyes.
2. Stick one spot on each player's forehead. Participants should not know what colour spot they have. One person gets the white spot and for each of the other colours at least three people should have the same colour.
3. Tell participants to open their eyes and give them the instruction "Find your group".
4. No one may talk, they may only use non-verbal communication.
5. Once they are settled, tell them you will ask if everyone is satisfied with the composition of the group and if anyone is not they should raise their hand.
6. Ask if everyone is happy with the group composition and give a little bit of time to see if anyone comes forward. If someone is unhappy, tell them to continue finding their group until everyone is happy.
7. When they settle, ask again if everyone is happy and continue like this until they say they are all happy with the group composition or until you decide it is time to stop.

Jammin Board



ARTS



NFE



INCLUSION

Debriefing

- How did you feel at the moment when you first met someone with the same colour spot as yourself?
- How did the person with the odd spot feel?
- Did you try to help each other get into groups?
- Did you realise that the instruction was: "Find your group" with no specific detail?
- Why did you think that finding your group means having people with the same colour spot, but not other aspects of your identity?
- What other groups do you belong to, for example a football team, school, NGO?
- Can anyone join these groups?
- In our society who are the ones who cannot find their group?
- What aspects of people's identity are most prevalent and what can limit their participation? What is the "coloured spot" in real life?
- Does being the odd one out always mean they have been excluded or can it be a choice to want to stand apart from others and be different?
- Do you have personal experience of being (voluntarily or not) the odd one out?